

APA References Lists

Based on the following: American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.).

DISCLAIMER: Some of the examples on this handout use made-up sources.

Section 1: Parts of a References-List Entry

APA references follow this pattern:

Author. Date. Title. Source.

Here's what the key terms mean:

- An **author** can be the person, people, organization, company, or government that created a work. If a work has no attributed author, then simply start with the title followed by the date and source.
- A **date** can be the most recent copyright year for a book; the year of publication for a scholarly journal article; the year, month, and day of a newspaper article, the last update of a webpage, etc. Use years for books and journal articles and more detailed dates for publications like magazines, newspapers, and webpages. If a work has no date, then use "n.d." ("no date") as a stand-in. If an online work is not archived and is likely to change, add a retrieval date to the source (see the example for a webpage on a website).
- A **title** is the "name" of a work. Titles should appear in sentence case. Works that are parts of larger works should not be italicized, but standalone works should be italicized. If a work has no title, provide a bracketed description of the work.
- A **source** is where one can find a work. The source is generally the publisher, database, or website for standalone works like books, reports, and webpages. For works like journal articles and book chapters that are part of larger works, the source is the larger work (a journal or book, for example). If a work has a DOI or URL, that is part of the source element as well (with some exceptions).

Section 2: Sample References-List Entries

Make sure the in-text citation matches a corresponding entry on the references page, where you give the full publication information for each reference.

Specific Examples of References List Entries

Webpage on a Website

Golden, H. (2022, August 20). *Nuclear waste ravaged their land. The Yakama Nation is on a quest to rescue it.* The Guardian. <https://www.theguardian.com/world/2022/aug/20/yakama-nation-nuclear-waste-cleanup>

Centers for Disease Control and Prevention. (n.d.). *When and how to wash your hands.* Retrieved August 25, 2022, from <https://www.who.int/features/qa/84/en/>

Basic Format for a Book

Harari, Y. N. (2017). *Homo deus: A brief history of tomorrow.* HarperCollins Publishers.

Basic Format for a Journal Article

Nan, O. & Bhat, S. (2025). March of the mighty microplastic-munching mites! *Journal of Environmental Super Science*, 5(24), 31–37.

Online Book or Article With a DOI

Rivera, D. P., Abreu, R. L., & Gonzalez, K. A. (Eds.). (2022). *Affirming LGBTQ+ students in higher education*. American Psychological Association. <https://doi.org/10.1037/0000281-000>

Jones, L. B., Kiel, E. J., Luebbe, A. M., & Hay, M. C. (2022). Resilience in mothers during the COVID-19 pandemic. *Journal of Family Psychology*, 36(6), 815–826. <https://doi.org/10.1037/fam0000985>

Online Book or Article Without a DOI

For a book or article from most databases, omit the database name and URL and treat the work as a print version. For a book or article with a non-database URL, provide the URL.

Spontaneous human combustion. (1848). *The Buffalo Medical Journal and Monthly Review of Medical and Surgical Science*, 4(4), 247.

Ito, M. (2026). *The secret lives of kaiju*. ShokuPanda Press. <https://bit.ly/1gOJ1R7>

Article With an eLocator or Article Number

Soice, E. & Johnston, J. (2021, October 28). Immortalizing cells for human consumption. *International Journal of Molecular Sciences*, 22(21), Article 11660. <https://doi.org/10.3390/ijms222111660>

Article Published Online Ahead of Print

Briceño-Torres, J. M., Carpio-Rivera, E., Solera-Herrera, A., Forsse, J., Grandjean, P. W., & Moncada-Jiménez, J. (2022). Low-intensity resistance training improves flow-mediated dilation in young Hispanic adults. *Journal of Strength and Conditioning Research*. Advance online publication. <https://doi.org/10.1519/JSC.0000000000004273>

Video on a Sharing Site (YouTube, Vimeo, etc.)

Big Think. (2022, July 4). *Why I'm against empathy* [Video]. YouTube. <https://www.youtube.com/watch?v=5VUpo28aAks>

Raford, N. (2022, October). *How gaming can be a force for good* [Video]. TED Conferences. https://www.ted.com/talks/noah_raford_how_gaming_can_be_a_force_for_good

Film

Riley, B. (Writer & Director). (2018). *Sorry to bother you* [Film]. Cinereach; MACRO; MNM Creative; Significant Productions; The Space Program.

Song

Dekker, D. & The Aces. (1968). Israelites [Song]. On *The Israelites*. Uni Records.

Podcast Episode

Hardstark, G. & Kilgariff, K. (2022, September 29). Fistful of butter (No. 346) [Audio podcast episode]. In *My favorite murder*. Exactly Right.

Data Set

World Bank. (2021). *Climate change data*. [Data set]. <https://datacatalog.worldbank.org/search/dataset/0040205>

Scalvini, M. (2020). *Ethical responsibility: The user's perspective on TikTok* (Version 2.0) [Data set], Harvard Dataverse. <https://doi.org/10.7910/DVN/DHIOP>

Infographic

Pérez, M., Miller, J. S., & Grigoryan, N. (2031). Martian mining profits, 2025–2030 [Infographic]. Toronto Astrogeology Society. <https://www.torontoastrogeology.com/2031/5/mars-mining-profits/>

PowerPoint Slides and Lecture Notes

Maldonado, L. (2025). [Lecture notes on the Spanish Inquisition]. Department of Religious Studies, Fisker State University. <https://www.fiskersu.edu/shorthand/lisamaldonado>

Hwang, S. (2025). *A brief history of Stephen Hawking* [PowerPoint slides]. Canvas@FSU. <https://www.fiskersu.loghouse.com/login>

Work in an Anthology

Kuppa, K. (2025). Mycological muscle: Fungus-derived PEDs. In T. Stuhl & P. Peche (Eds.), *Power up: Essays on transhuman athletics* (pp. 91-99). Triple-Jump Publishing.

Reference Work

Merriam-Webster. (n.d.). Eusocial. In *Merriam-Webster.com dictionary*. Retrieved August 31, 2022, from <https://www.merriam-webster.com/dictionary/eusocial>

Muñoz, D. (2022). Obligations to oneself. In N. Zalta (Ed.), *The Stanford encyclopedia of philosophy* (Summer 2022 ed.). Stanford University. <https://plato.stanford.edu/entries/self-obligations/>

Government or Organizational Report

Office to Monitor and Combat Trafficking in Persons. (2022). *Trafficking in persons report: July 2022*. United States Department of State. https://www.state.gov/wp-content/uploads/2022/08/22-00757-TIP-REPORT_072822-inaccessible.pdf

Press Release

United Nations Children's Fund. (2022, August 16). *Millions more children to benefit from malaria vaccine as UNICEF secures supply* [Press release]. <https://www.unicef.org/press-releases/millions-more-children-benefit-malaria-vaccine-unicef-secures-supply>

Social Media

NASA [@nasa]. (2022, October 21). *Curiosity: I like digging holes. Us: Then you're in the right place. After a summer road trip through the sandy* [Photograph]. Instagram. https://www.instagram.com/p/Cj8yWqXvg_M/

Gunnarsdóttir, F. [NordNBoard]. (2026, May 17). *500 hours into ES6. Finally found a fork. Let the fun commence.* #ES6 #Foundthefork [Tweet]. Twitter. <https://twitter.com/NordNBoard/status/1003487894375734875>

Federal Statute

Juneteenth National Independence Day Act. Pub. L. No. 117-17, 287 Stat. 135 (2021). <https://www.congress.gov/117/plaws/publ17/PLAW-117publ17.pdf>

Supreme Court Case

Nix v. Hedden, 149 U.S. 304 (1893). <https://tile.loc.gov/storage-services/service/ll/usrep/usrep149/usrep149304/usrep149304.pdf>

Section 3: Model References Page

References

- Blystad, M. H., & Hansen, S. (2022). Empathy or not empathy, that's the question—A pragmatic behavior analytical approach. *Behavior Analysis: Research and Practice*, 22(2), 224–237. <https://doi.org/10.1037/bar0000242>
- Cameron, C. D., Hutcherson, C. A., Ferguson, A. M., Scheffer, J. A., Hadjiandreou, E., & Inzlicht, M. (2019). Empathy is hard work: People choose to avoid empathy because of its cognitive costs. *Journal of Experimental Psychology: General*, 148(6), 962–976. <https://doi.org/10.1037/xge0000595>
- Eisenberg, N. (2000). Empathy. In A. E. Kazdin (Ed.), *Encyclopedia of Psychology* (Vol. 3, pp. 179–182). American Psychological Association.
- Flasbeck, V., & Brüne, M. (2019). Neural correlates of empathy for physical and psychological pain. *Journal of Psychophysiology*, 33(1), 54–63. <https://doi.org/10.1027/0269-8803/a000205>
- Isern-Mas, C., & Gomila, A. (2022). Love, friendship, and moral motivation. *Journal of Theoretical and Philosophical Psychology*, 42(2), 93–107. <https://doi.org/10.1037/teo0000166>
- Sasse, J., Halmburger, A., & Baumert, A. (2022). The functions of anger in moral courage—Insights from a behavioral study. *Emotion*, 22(6), 1321–1335. <https://doi.org/10.1037/emo0000906>
- Zhou, Q., Eisenberg, N., & Valiente, C. (2019). Empathy. In M. W. Gallagher & S. J. Lopez (Eds.), *Positive psychological assessment: A handbook of models and measures* (pp. 249–266). American Psychological Association. <https://doi.org/10.1037/0000138-016>

