

APA FAST GUIDE

IN-TEXT CITATIONS

Options for in-text citations:	
Option 1 Author's name + (year) in front; page number in back (p.)	Critser (2013) noted that despite growing numbers of overweight Americans, many health care providers still “remain either in ignorance or outright denial about the health danger to the poor and the young” (p. 5).
Option 2 (often used for a paraphrase or summary) Author's name + (year) + page number in back.	Sibutramine suppresses appetite by blocking the reuptake of the neurotransmitters serotonin and norepinephrine in the brain (Yanovski, 2012, p. 594).

Special situations: ALL FORMATTED TO OPTION 1 OR OPTION 2	
No author: Use the title of the source in front - or - use a shortened version of the source's title in back.	Children struggling to control their weight must also struggle with the pressures of television advertising that, on the one hand, encourages the consumption of junk food and, on the other, celebrates thin celebrities (“ Television, ” 2008).
No date: Put the abbreviation “ n.d. ” where the date would be.	Attempts to establish a definitive link between television programming and children's eating habits have been problematic (Magnus, n.d.).
No page number: Give a paragraph number with “ para. ” (even if they're not numbered). If the article has section headings, then use the section heading along with “para. #”	Hoppin and Taveras (2004) pointed out that several other medications were classified by the Drug Enforcement Administration as having the “potential for abuse” (Weight-Loss Drugs section, para. 6).
Two authors: Name both authors each time; use “ and ” in front, “ & ” in back.	According to Sothorn and Gordon (2003), “Environmental factors may contribute as much as 80% to the causes of childhood obesity” (p.104).
Three to five authors: Identify all authors the first time you use them; <i>after that</i> , use first author + “ et al. ”	Berkowitz, Wadden, Tershakovec, and Cronquist (2003) concluded, “Sibutramine must be carefully monitored in adolescents, as in adults, to control increases in blood pressure and pulse rate” (p. 1811).
Six or more authors: Always use first author + “ et al. ”	McDuffie et al. (2013) found orlistat to be most effective in the study (p. 7).
Organization, corporation, or government agency as author: Name the organization in the signal phrase or in the parentheses the first time you cite the source, and an abbreviated, familiar acronym thereafter.	Obesity puts children at risk for a number of medical complications, including Type 2 diabetes, hypertension, sleep apnea, and orthopedic problems (Henry J. Kaiser Family Foundation, 2004, p.1).

REFERENCES list

In general, all Reference list entries follow the same pattern.

Author (Year) Title of article *Name of book/publication/website* Publisher/Website sponsor
Pages “Retrieved from” Website URL

If you don’t have an author, then simply start with the Title and (Year):

Title of article (Year) *Name of book/publication/website* Publisher/Website sponsor Pages
“Retrieved from” Website URL

Basic format for a book	Rosenberg, T. (2011). <i>Join the club: How peer pressure can transform the world</i> . New York, NY: Norton.
Author and Editor (with an Edition Number)	James, W., & Pelikan, J. (Ed.). (2009). <i>The varieties of religious experience</i> (5 th ed.). New York, NY: Library of America. (Original work published in 1902)
Article in a scholarly journal (Continuous Paging)	Sohn, K. (2012). The social class origins of U.S. teachers, 1860-1920. <i>Journal of Social History</i> , 45, 908-935.
Article in a scholarly journal (Separate Paging)	Scruton, R. (2008). The eclipse of listening. <i>The New Criterion</i> , 15(3), 5-13.
Article in a scholarly journal (online database): add DOI#, or, if no DOI, use “Retrieved from” + the journal’s home page address (as you would for an online magazine or newspaper)	Sohn, K. (2012), The social class origins of U.S. teachers, 1860-1920. <i>Journal of Social History</i> , 45, 908-935. doi:10.1093/jsh/shr121 Burns, J. (2012, December 3). The measure of all things. <i>The American Prospect</i> . Retrieved from: http://prospect.org/
Document (with three authors) from a website with no date	Wagner, D.A., Murphy, K.M., & De Korne, H. (2012, December). <i>Learning first: A research agenda for improving learning in low-income countries</i> . Retrieved from Brookings Institution website: http://www.brookings.edu/research/papers/2012/12/learning-first-wagner-murphy-de-korne